



Phone; 07 575 2613  
E Mail; [justask@foodgurus.co.nz](mailto:justask@foodgurus.co.nz)  
Postal: PO Box 4596  
Mount Maunganui 3149

Dear Sports Participant Group,

This is Evan from Food Gurus Catering, we are the official caterer to the AIMS Games and Managers' events three years running.

I am writing to offer your student competitors and support people, an easy, healthy and cost effective option for feeding the troops over the time of your games.

Last two year we catered over 2500 meals, both lunch and dinner, delivered to seven school groups and the AIMS Officials, coaches and organizers.

Save yourself the hassle of trying to find food in the already busy local shops and save your school money and time. Book with Food Gurus to provide your teams with nutritious, tasty, cost effective food, ready to eat and with little fuss.

**If you would like to book our service, please complete the following information and email it to us, to ensure prompt and efficient service:**

Name of School/ Team Name

Your Name

Postal address

Contact person who will be coordinating in Tauranga

Coordinators mobile phone number whilst at the games

Name and address of accommodation for dinner delivery

(if more than one, please indicate number of meals at each)

Please also indicate to what room number or common area we are to serve the dinners

(a table will need to be set up for us to place trays of food onto)

Name of person(s) collecting lunches at Blake Park.

Number of meals required, per day, per meal time:

Monday	Lunch:	Dinner:
Tuesday	Lunch:	Dinner:
Wednesday	Lunch:	Dinner:
Thursday	Lunch:	Dinner:
Friday	Lunch:	Dinner:

Please indicate if anyone has any allergies, so that we can adjust their meal(s) as required:

Name of student / support person

Allergy

Accommodation name to avoid confusion.

Please indicate if you have any further instructions, e.g: you have 10 lunches going to another venue, so that we know to hand them out to your extra pick up person.

*Please email me: [justask@foodgurus.co.nz](mailto:justask@foodgurus.co.nz) or call 0800 02 3463 for bookings and further information.*

# Menu

## Boxed lunches delivered choc full of hearty and healthy food to keep you going

**Day one** Fresh baked bacon, egg and salad roll; Mini quiche; rice crackers; chocolate brownie & fresh fruit

**Day two** Ham and salad roll; cheesy baked potato; honeyed chicken leg; cookie pack; fresh fruit

**Day three** BBQ chicken drum stick; Pizza slice; Cranberry, cheese & salad bun; Popcorn; fresh fruit

**Day four** Chicken salad filled roll; fresh baked muffin; bacon & egg savoury; pretzels; fresh fruit

**Day Five as required**



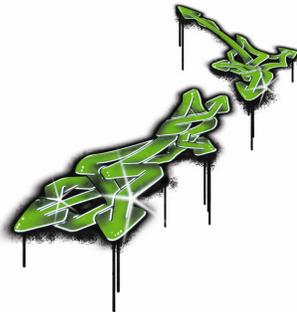
## Dinner and tasty dessert delivered hot, ready to eat and served by our helpful staff

### Day one

Braised chicken and veggies  
Penne pasta bake  
Mixed leaf salad  
Fresh Bread rolls  
Berry cheesecake

### Day two

Hearty beef cottage pie  
Mixed leaf salad  
Spaghetti in tomato sauce  
Bread rolls  
Chocolate mud cake



### Day three

Mixed leaf garden salad  
Roasted Mediterranean vegetable & pasta salad  
Minted roast potatoes  
Carved ham with pineapple salsa  
Apple shortcake

### Day four

Roast chicken drums  
Bacon and onion mashed potatoes  
Tossed salad  
Fresh bread roll  
Sweet pastry selection

### Day five as required

Prices per meal per day:  
Lunch \$9.75 each  
Dinner \$15.50 each  
For Lunch and dinner \$24.50

We deliver the lunches to your appointed coordinator at the sports venue or another venue by arrangement. Dinner is delivered to your accommodation and served by our helpful staff. (you are required to supply plates and cutlery)